



**Vishnu Sahasranama Chanting**  
**During**  
**Purushothama Masam (Adhika Masam)**  
**6/17/2015 thru 7/16/2015**

*Adhika masam* or *Adhik Masa* is an additional month that appears in the Hindu Lunar calendar. A year with an Adhika masam will mean that it has 13 months instead of the usual 12 months. Any Solar calendar has 365 days. However, a Lunar calendar will have 354 days. This difference in the days, over years, make up for the additional month upon which there will be a sync between the two calendars. Generally, an adhika masa comes every few years (32 months, 16 days and 8 ghadis to be precise). A ghadi is 24 minutes.

Adhika Maasa is the most sacred month dedicated to *Lord Vishnu* who is the Maasa Niyaamaka (Governing Lord) of Adhika maasam in the name Purushottama. That's why Adhika Maasam is also referred as Purushottama Maasa.

***Sri Lakshmi Temple celebrates this unique month with  
the chanting of  
Vishnu Sahasranama at 6 PM everyday  
during this period.***

***6:00 PM Vishnu Sahasra Namam Chanting  
Followed by Sweet Prasadam Distribution***

*Details about Adhika Masam were taken from:*

1. <http://www.astrologyforu.com/others/adhika-masam.htm#sthash.IsKnj52L.dpuf>
2. <http://bhargavasarma.blogspot.com/2010/04/significance-of-adhika-masam.html>