



Sri Lakshmi Temple

117 Waverly Street, Ashland, MA 01721 Ph.: 508-881-5775 www.srilakshmi.org

Sri Lakshmi Temple

invites you and your family for the Summer Program

Prayer & Pradhakshina

(Chant & Walk for Mental and Physical Health)



Prayer: Chanting Vishnu Sahasranamam purifies the mind and brings positive vibrations. As a part of prayer, you can participate in chanting or listening Vishnu Sahasranamam along with other Devotees in the divine atmosphere at Temple. If you cannot be at the Temple, you can chant from home along with Temple Facebook's Live Telecast.

Pradhakshina(Circumambulation):

Walking around the Temple removes all negative energies, cleanses the body, and

brings positive energy. Puranas strongly support the same, and Science proves the benefit of walking. Let us do Pradakshina around the Temple in the open-air minimum one time to as many times as possible, along with other Devotees of a similar mindset.



When

06/27 to 08/29 Sunday Evenings(10 weeks)

(06/27, 07/04, 07/11, 07/18, 07/25, 08/01, 08/08, 08/15, 08/22 & 08/29)

6:00 to 6:30 pm: Vishnu Sahasranamam (Chant from Temple)

Facebook Telecast (Chant from Home)

6:45 to 8:00 pm: Pradhakshina (Walk around the Temple)

Admission: Free, To all Kids & Elders

Bring everyone in your family and friends. Join any day/time. No prior experience needed.

Register your name and number of family members attending for better planning using our Temple's regular sign-up link or click https://signup.com/go/SLTVisit and choose 6:00- 8:00 pm slot even if you can attend in one of them on a specific day. **Walk-ins are welcome**. Please follow the Temple rules and take care of yourself and your kids. Temple is not liable for any issues.

For any questions or information about this event, please contact:

Ganesh Krishnan

<u>DLC@srilakshmi.org</u>

508-250-5438

May the blessings of Sri Lakshmi be always with you and your family!