



Sri Lakshmi Temple

117 Waverly Street, Ashland, MA 01721

Ph.: 508-881-5775

www.srilakshmi.org

Sri Lakshmi Temple

invites you and your family to the Summer Program

Prayer & Pradhakshina

(Chant & Walk for Mental and Physical Health)



Prayer: Chanting Vishnu Sahasranamam purifies the mind and brings positive vibrations. As a part of prayer, you can participate in chanting or listening Vishnu Sahasranamam along with other Devotees in the divine atmosphere at Temple. If you cannot be at the Temple, you can chant from home along with Temple Facebook's Live Telecast.

Pradhakshina(Circumambulation):

Walking around the Temple removes all negative energies, cleanses the body, and

brings positive energy. Puranas strongly support the same, and Science proves the benefit of walking. Let us do Pradakshina around the Temple in the open-air minimum of one time to as many times as possible, along with other Devotees of a similar mindset.



When

07/17 to 08/29 Sunday Evenings (7 weeks)

(07/17, 07/24, 07/31, 08/07, 08/14, 08/21 & 08/28)

6:30 to 7:15 pm: Vishnu Sahasranamam (Chant from Temple)

Facebook Telecast (Chant from Home)

7:15 to 8:00 pm: Pradhakshina (Walk around the Temple)

Admission: Free, To all Kids & Elders

Bring everyone in your family and friends. Join any day & time. No prior experience needed.

Enroll your name and number of family members attending for better planning using <https://forms.gle/h2SBPAQaTmt7JfGo7> even if you can attend on one of the weeks. **Walk-ins are welcome.** Please follow the Temple rules and take care of yourself and your kids. Temple is not liable for any issues.

For any questions or information about this event, please contact:

Ganesh Krishnan YCEP@srilakshmi.org **508-250-5438**

Rama Bhaskar DLC@srilakshmi.org **857-472-2024**

May the blessings of Sri Lakshmi be always with you and your family!